

EGG AND EMBRYO FREEZING DISCUSSION GUIDE

If you're interested in fertility preservation, a fertility specialist can help you get started. Preparing questions ahead of time can help you make the most of your first visits.

Use the form below to select the questions you'd like to ask. Then, print the form and bring it to the clinic to help guide the conversation with your doctor.

FREEZING PROCEDURE

- What age is best for freezing eggs/embryos?
- What tests are done before egg retrieval?
- What are the steps for an egg retrieval cycle?
- How many eggs or embryos should I freeze?
- How many cycles are typically needed to collect the ideal number of eggs?
- How many office visits can I expect?
- How many injections will be needed for a treatment cycle?
- Will I need to inject medications at home?
- What are the risks and side effects of medications?
- What are the risks and side effects of egg retrieval?
- Am I able to work during a cycle?
- Am I able to have sex during a cycle?
- Do you recommend any lifestyle changes to improve my chance of success?
- For how long can frozen eggs or embryos be stored?

THE CLINIC

- How many egg or embryo freezing procedures does your clinic do each year?
- What is the freezing process at your clinic?
- Are frozen eggs and embryos stored at your clinic?
- If stored in another facility, how are they transported?
- How are the eggs and embryos protected?
- How do you ensure that my eggs or embryos aren't mixed with others?
- When needed, how are eggs or embryos thawed for use?
- Does your clinic offer in-vitro fertilization when I'm ready to use my eggs?
- What is your clinic's IVF success rate using frozen eggs or embryos?
- During what hours does your clinic schedule appointments?
- Who should I call if I have questions outside of office hours?
- How will I be notified about treatment progress or test results?
- Will your clinic help me understand how and when to take medications?

